$\qquad$ Date: $\qquad$
Triangle Midsegment and Proportionality Theorem
Triangle Midsegment Theorem: The segment connecting the midpoints of two sides of the triangle is parallel to the third side and half the length of the third side.


Use $\triangle A B C$, where $L, M$, and $N$ are midpoints of the sides.

1. $\overline{\mathrm{LM}} \|$ $\qquad$
2. $\overline{\mathrm{AB}} \|$ $\qquad$
3. If $\mathrm{AC}=20$, then $\mathrm{LN}=$ $\qquad$
4. If $M N=7$, then $A B=$ $\qquad$
5. If $\mathrm{NC}=9$, then $\mathrm{LM}=$ $\qquad$

6. If $L M=3 x+7$, and $B C=7 x+6$, then $L M=$ $\qquad$
7. If $M N=x-1$, and $A B=6 x-18$, then $A B=$ $\qquad$

Find each measure. H, G, and I are all midpoints.
8. HI $\qquad$ 11. $\mathrm{m} \angle \mathrm{HIF}$ $\qquad$
9. DF $\qquad$ 12. $m \angle H G D$ $\qquad$


